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HARPER GRILLED IN THE HOUSE PRIOR TO SENATE ASKING THE RCMP TO REVIEW MIKE DUFFY'S EXPENSES PAGE 3

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Regina Water Watch.ca

Keep Water Public!

Saskatchewan native and former Rider Gene Makowsky speaks to media at Mosaic Stadium on Tuesday after the announcement of his induction into the Plaza of Honor. ALYSSA MCDONALD/METRO

Riding into the history books

They've got game.
CFL greats Makowsky, Davis to be inducted into Plaza of Honor

ALYSSA MCDONALD
alyssa.mcdonald@metronews.ca

In celebration of hosting this year's Grey Cup, the Saskatchewan Roughriders have chosen two of their championship-winning greats — Gene Makowsky and Eddie Davis — for induction to the team's Plaza of Honor.

Makowsky, a native of Saskatoon and a University of Saskatchewan Huskies alumnus, has represented the Riders in more games than any other player with 284 regular-season games, as well as 16 playoff matches that include four Grey Cup tilts.

"Playing for the Riders was an honour and a privilege, and going into the Plaza of Honor is the same," Makowsky said on Tuesday at an induction announcement at Mosaic Stadium.

"To join the likes of (and) to go down the list of great Rider players, Roger Aldag and Bob Poley — those are some of my favourite players."

Makowsky and Davis have a long history with the CFL and Roughriders. Davis won two Grey Cups — one with Saskatchewan and the other with the Calgary Stampeders — and played 15 seasons in the league, including nine seasons and 129 games with the Riders. Makowsky spent his entire 17-season CFL career with the Green and White.

"If you played four years or 17 years, you are going to miss playing with your teammates," said Makowsky, an MLA for the governing Saskatchewan Party in the Regina Dewdney constituency after being elected following his retirement in 2012.

Usually, the inductee selection committee — made up of former players and media — waits until a player has been retired for three years before choosing him, though it made an exception for Makowsky.

John Lipp, chairman of the committee, said they wanted inductees this time who had won a Grey Cup with the Riders, and that it was only a matter of time before Makowsky would have been chosen.

"We made an exception," said Lipp, "but I think you can understand why this was a good choice."

The former Riders will be formally inducted at the Plaza of Honor Dinner on Sept. 20 at the Credit Union Eventplex. As well, their names will be immortalized as individual players on a cairn outside the main gates of Mosaic Stadium. Both had been inducted to the Plaza in 2010 as part of the Roughriders' 2007 Grey Cup championship team.

"It's wonderful to represent the Roughriders one more time," Makowsky said.

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NEWS 1

North Central giving grime the punt ahead of Grey Cup

Clean for the Cup.
Neighbourhood aims to make best possible impression on visitors due in November by tidying up

Ivan Amichand, right, and staff and supporters of the North Central Family Centre are eager to begin sprucing up their area of Regina in preparation for the Grey Cup. ROSS ROMANIUK/METRO

They're gearing up for the Grey Cup by tackling their neighbourhood's litter and grime.

Staff, clients and supporters of the North Central Family Centre are about to hit the streets in an effort to polish their district's image for national visitors who will descend on Regina in November for the CFL's annual championship celebration.

Because Mosaic Stadium at Taylor Field is in the same working-class section of the city, they want to ensure that North Central is in the best possible light when the Saskatchewan Roughriders host Grey Cup Week and the big game itself at the venue.

"It's in our community, so we want to do something," Ivan Amichand, one of the non-profit organization's managers, told Metro on Tuesday.

"It's going to be broadcast all over the country. Visitors are going to come from all over the place."

The project, called Clean for the Cup, is planned for a kickoff this week and will continue with periodic, organized "cleanup days" into November, Amichand explained, adding that just about anyone is welcome to help.

"We have to paint decks and fences, and haul stuff to the dump — various kinds of activities," he said.

"We're going to have folks work on various blocks. We'll cut grass, rake, pick up garbage, those kinds of things. Then in the summer, we'll plant flowers. All activities to beautify our community."

After postponing their scheduled Tuesday launch at least a day due to rain, people at the centre on 5th Avenue were raring to go with rakes, plastic bags and other tools.

"Bring neighbours, bring everybody. And we'll just clean up," Sandy Wankel, the facility's executive director, told a group in the building's yard.

The Roughriders and staff from firms including Conexus and Co-operators are on board to pitch in, Wankel said, noting that Luther High School students have expressed interest as well.

ROSS ROMANIUK/METRO

RM of Sherwood eyeing 'mega-project'

A development described as a "mega-project" is planned for Regina's outskirts, where the neighbouring Rural Municipality of Sherwood says the city is far too eager to annex its property.

Tim Probe, Sherwood's deputy reeve, declined on Tuesday to reveal what will be constructed by Ontario-based Great Prairie Development Corp. But he suggested the project illustrates that the RM has its own development plans and capabilities without input or interference from the city.

"It's new, it's innovative and it's something that's been done in other places — just not in Saskatchewan," Probe said, adding that the development "dwarfs" a previous plan for a $25-million Kal Tire distribution centre that was scrapped last month after it had long been in the works for the same district.

Remaining mum on details, he pointed out that he doesn't want to "take the thunder away" from Great Prairie, whose public relations liaison Barbara Allen said only that the project will be explained during an announcement in Regina on Thursday.

The announcement is scheduled for the same morning and at the same hotel where Probe and other Sherwood officials are slated to give details on their new official community plan for development. And it comes on the heels of Probe addressing reporters on Monday to slam a proposal by Mayor Michael Fougere to have Regina annex large tracts of the RM's land to accommodate projected growth.

However, Probe said this week's development announcement was in the works before Fougere's annexation proposal was "shoved in our face" last Friday.

"We're not retaliating. That's not how we're going to handle this," Probe said.

"Quite frankly, something of this size is not something we could have planned in three days." ROSS ROMANIUK/METRO

Tim Probe METRO

Suspected dumping

Chemicals spur investigation

Police and emergency crews are examining a rural property northeast of Regina after a discovery of chemicals and their containers that had been dumped there.

RCMP and hazardous-materials experts have been investigating at the abandoned home near the town of Strasbourg since Saturday after a passerby stumbled upon the materials, near dead patches of grass, last week.

"A local resident noticed them ... and thought that's not right, and called police," Cpl. Rob King, spokesman for RCMP, said on Tuesday.

"The types of chemicals located, and where they are, it's obvious that someone dumped them there illegally."

King declined to give information on any search for suspects. He also didn't specify what materials have been found — and what risk they may pose — at the privately owned property near Last Mountain Lake.

RCMP and emergency crews at the site where chemicals were found near Last Mountain Lake. CONTRIBUTED/RCMP

"The exact things located are part of the investigation, so we can't get into any detail," he said, noting that crews — including members in protective suits — from the provincial Environment Ministry are sifting through the substances and containers.

"Certain chemicals have been determined, but certain ones also haven't. So that's why they're kind of treading lightly and using those extreme safety protocols."

King stressed that "there's no danger to surrounding farms, or anything like that. No area has been evacuated."

He added that the owner of the property has been "very co-operative and is not considered to be connected at all" with the materials under investigation.

ROSS ROMANIUK/METRO

Senate sending Duffy's claims to RCMP for review

Expense scandal. From 2011-12, Sen. Mike Duffy asked for Ottawa-based living expenses for 49 days when he wasn't there

Senate officials confirmed they have found a troubling pattern of Sen. Mike Duffy improperly claiming living expenses, including several days in 2011 when he was campaigning across the country for the Conservatives.

Senators meeting at a committee late Tuesday voted to send the matter of Duffy's expenses to the RCMP, after hearing the new information.

Senate finance officials detailed how Duffy made claims for living expenses for his Ottawa home, while he was elsewhere in the country.

Duffy did not attend the committee meeting.

The Canadian Press first reported two weeks ago that Duffy had said he was on Senate business while campaigning with Conservative candidates. Shortly afterward, Duffy resigned from the Tory caucus.

But it wasn't until the latest report was tabled Tuesday night that an account was given on the days Duffy was claiming expenses.

During the 2011 election, Duffy asked for Ottawa-based living expenses on seven separate days when he was out of town. In total, in 2011 and 2012, Duffy made claims on 49 days he was not in Ottawa.

"It represents a pattern that raises concerns," the report says.

An independent audit by the firm Deloitte had raised the possibility that Duffy had been claiming expenses while not in Ottawa, but underlined that the senator had not provided them with adequate documentation and never met with auditors.

But the Conservatives in the Senate declared the matter closed shortly after receiving the audit, pointing to the fact that Duffy had repaid the $90,000 in living expenses.

The matter blew open again, however, when it was revealed that the $90,000 bill was actually paid with the help of the prime minister's then chief of staff Nigel Wright.

THE CANADIAN PRESS

It's the mayor's birthday and he'll ignore your questions if he wants to

The controversy around an alleged video appearing to show the mayor of Toronto smoking crack cocaine showed no signs of diminishing Tuesday as the leader of Canada's largest city sidestepped questions about a new twist in the scandal. The Toronto Star reported a police investigation was triggered after two of the mayor's closest staffers discussed how to handle a tip about the possible location of the alleged video. Their discussion reportedly came one day after reports of the video first surfaced on May 16. Ford was bombarded from morning until evening with questions on the scandal — he refused to offer any answers.

VINCE TALOTTA/TORSTAR NEWS SERVICE

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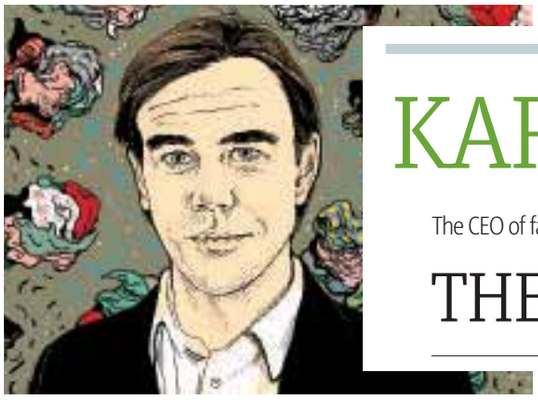

AGATA NOWICKA/ILLO.PL

KARL-JOHAN PERSSON

The CEO of fashion retailer H&M speaks to Metro about pricey brands and Bangladeshi factory workers

THE BUSINESS OF CHEAP CHIC

ELISABETH BRAW
Metro World News in Stockholm

Life is going swimmingly for Karl-Johan Persson, H&M's young, handsome CEO — despite the global recession, the cheap-chic chain is doing well. But the recent collapse of a garment factory building in Bangladesh has put H&M in the spotlight, even though the retailer didn't use the factory. Persson talks with Metro in an exclusive interview at H&M's headquarters in Stockholm.

Has the recession harmed H&M or has it instead benefitted you because people have turned to cheaper clothes?
When the whole apparel market diminishes it affects H&M as well, but at the same time I think more people discover H&M in times like these because they start questioning their clothing purchases. People want a good look with a good quality for a low price, and that's what H&M offers.

Last month a clothing factory collapsed and killed over 1,000 workers. Now H&M, the biggest manufacturer of clothes in Bangladesh, has signed an agreement where you agree to help your Bangladeshi suppliers pay for safety measures. Are the factories safe now?
The factory collapse was horrific, but our code of conduct bans use of factories in residential areas, so this was not an H&M supplier. But we've been working to improve conditions in Bangladesh for a long time. The major change with the agreement is that we join up with other buyers, with trade unions and with the government.

But isn't the problem that people want cheap clothes? Then it never makes sense for a company to use better factories.
Yes, but it's a common misperception that cheap brands use certain manufacturers and expensive brands use others. We're one of 30 to 40 companies buying from many of our suppliers. The workers' pay is the same regardless of which company is buying. What's interesting is not the price of the clothing item but what the company does. Don't look at the prices. Maybe I sound cocky, but I dare promise that no apparel company in the whole world does as much as H&M.

Quoted

"If you spot our top for $15 and one elsewhere for $150, people will think, 'These workers are much better paid.' But their pay is the same."
Karl-Johan Persson, CEO of retailer H&M

What does that look like for factory workers?
We've signed the new plan for building and fire safety in Bangladesh. And we demand that workers are paid the wages they should have. We're also involved in a social dialogue and educate workers about their rights. And we try to influence decision-makers. Recently I spoke with the Bangladeshi prime minister (Sheikh Hasina) about increasing the minimum wage.

Domestic flights

Air Canada told to increase payouts for bumping

Air Canada has been ordered to boost the compensation paid to passengers it bumps from overbooked domestic flights. The Canadian Transportation Agency ruled the existing practice of paying $100 cash or a $200 travel voucher is unreasonable in cases that are not due to operational and safety reasons.
THE CANADIAN PRESS

Market Minute

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CRACK SUMMER'S TO-DO LIST

JUST SAYIN'

Paul Sullivan
metronews.ca

If reading about Rob Ford has got you down, welcome to the Island of Sunny Sentiments, where the only thing we're thinking about today is where to go on our summer vacation.

In this, we're not alone. Across Canada, 5.2 million school kids are gazing out the window wondering the same thing.

Good idea, you're thinking. Anything beats another chapter of Ford Follies. Just one problem: too many choices. Once again, you've come to the right place. I'm an expert on Canadian getaways, having got to all of them except Newfoundland, which is always a bit out of reach.

To get you started, here are my top five Canadian summer vacation choices (in no particular order). Feel free to chime in anytime with your own. And don't forget to bring the beer.

Moraine Lake: Just 12.5 kilometres up (or is that down?) the road from its more famous sister Lake Louise in the Alberta Rockies, Moraine is a jaw-dropping postcard-perfect lake surrounded by 10 majestic, snow-capped peaks. It is so jaw-dropping, it was once featured on the back of the $20 bill, back when cash was cash and not plastic scented with a whiff of maple syrup.

Louisbourg: Parks Canada lists 167 National Historic Sites on its website. I haven't been to all 167, but the coolest I have been to is Louisbourg, the French fort on Cape Breton Island. The road to the fort is often shrouded in fog, so it's like travelling into the Twilight Zone to emerge 300 years in the past. In fact, this is Louisbourg's 300th birthday. Everything including the dinner menu is an authentic replica of the days before bilingualism when New France was more than a plank in Pauline Marois' platform. Actors recreate daily life in the fort and you're so swept away you forget to check your smartphone.

The Beach: Every province has one or more than one legendary strip of sand: Wasaga, Cavendish, Grand, Rathtrevor, Balmy, Winnipeg, Regina, and the mother of all beaches: Long Beach in Tofino and Ucluelet. Really long: 25 kilometres from one end of Radar to the other end of Wickaninnish. It's hard to single out a favourite, but I'm determined to spend the rest of my days trying.

Niagara-on-the-Lake: The classic tourist trap, but so what? It's a miracle this bucolic place still exists, so close to ... you know. Everyone here conspires to lighten your wallet, but unlike the Canada Revenue Agency and the cable company, they make you happy to oblige. Goes with other places that feature fudge: Niagara Falls, Granville Island, Banff, Lunenburg, etc.

The cottage: I grew up in one. My job was to haul water from a nearby artesian well and gather kindling for the fireplace. Now "the cottage" often sports a three-car garage and an indoor pool. But it's essentially the same idea. Go someplace simple and stay there until you feel better. And don't forget to bring the bacon.

ZOOM

Rolling on the floor owling

SWNS.COM

Friendship found in a dirty mop

This owl bears an uncanny resemblance to his new playmate, a mop, and thinks it is his sibling.

Lightning, a Siberian Eagle owl, got engrossed in the tool after spotting staff at the Screech Owl Sanctuary in Cornwall, southwest England, using it. The three-month-old chick was born in captivity as part of a breeding program. Lightning's attraction may be comical, but it's important for the bird's development, according to his owner.

"Young owls, like children, need this sort of playful enrichment when they are growing up and exploring the world," says Screech Owl Sanctuary head Carolyn Screech. "Everything is a big adventure, even this damp bundle of cleaning fabric."

METRO

Sanctuary staff floored

"The owl digs his talons into the mop, jumps on it and rides it while we clean the floors."

Carolyn Screech,
head of the Screech Owl Sanctuary

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

A few days ago I mentioned Sid Meier's Ace Patrol in this space and I've since gotten a number of emails from people who have fallen hard for the dogfighting sim. So for those readers and others who enjoy the game, here are some other excellent turn-based strategy games for mobile.

Great Big War Game

If there's a must-have here, this is it. The gameplay is smooth, tactically tight and served up with a nice side of humour. The single-player campaign should give you about 40-hours worth of conquering, but the truest joy can be found in the online multi-player. ($2.99/iOS and Android)

Crimson: Steam Pirates

Halo developer Bungie has a pretty solid track record, and their swashbuckling steampunk plunder-fest only adds to it. Start with a small band of salty sea dogs and upgrade your way to a fleet of zeppelins and submarines. (Free/iPad)

Neuroshima Hex

A seamless version of a board game everybody should love, take a few spins learning the ropes of how to manage your hex-based armies and link their attacks before trying your hand at the inexhaustible supply of skilled players online. ($4.99 iOS/$3.18 Android)

Twitter

@metropicks asked: Canada was named one of the best places to live. Why do you think it deserves a top spot?

@AjokeDare: minus the cold weather, Canada is a safe place filled with nice ppl from all over the world.

@TimWadephul: friendly, caring, passionate people are what makes Canada great

@antinephalist: Because most of it isn't run by Rob Ford yet.

@SamanthaHalyk: Canada because we have great health care, a diverse landscape from coast to coast and poutine #yum haha

@_EricaAshley_: Its gotta be the people, definitely can't be the weather. Gets to -40 and people still come back. #Winnipeg #Canada

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The Robin Hood mentality is often a thief sleight of hand

Now You See Me. The latest altruistic bank heist film is breaking into theatres this weekend, but it's not the first movie to have been there

IN FOCUS
Richard Crouse
scene@metronews.ca

Now You See Me starts giving back to audiences this weekend. HANDOUT

In just 12 minutes The Great Train Robbery tells the tale of a group of bandits who hold up a train and rob the passengers.

Made by Edwin Porter in 1903 it's been placed on the United States National Film Registry for its innovative use of composite editing, camera movement and on-location shooting.

It was one of the first narrative movies and it introduced moviegoers to the heist movie, a tradition that continues to this day.

This weekend Now You See Me presents an elaborate crime story of a team of magicians — led by Jesse Eisenberg, Woody Harrelson and Isla Fisher — who abracadabra their way into bank vaults.

They are Robin Hood-style crooks, stealing money and giving it back to their audiences.

The "steal from the rich to give to the poor" is a common theme in heist movies. Recently Tower Heist saw a rag tag group clean out a Bernie Madoff type in order to refund money to the people he swindled.

The Maiden Heist stars Christopher Walken as a museum security guard infatuated with the painting that gives the movie its name.

When it is announced that the artwork has been sold to a Danish gallery he's distraught — "Do you know how far away Copenhagen is?"— and ropes Morgan Freeman and William H. Macy into stealing the painting and two others so they can enjoy them together. Not exactly Robin Hood — they're stealing from the rich to give to themselves — but their motives are artistically pure.

Not so pure are the reasons behind the heist in The Good, the Bad, the Weird — an Asian take on the similarly named Sergio Leone spaghetti western.

It's a chaotic two-hour chase for a treasure map — and then the treasure — in 1930s wartime Manchuria between a bounty hunter (the Good, played by Jung Woo-sung), a leader of evil bandits (the Bad, Lee Byung-hun) and a train robber (the Weird, Song Kang-ho).

Director Ji-woon Kim calls this a "kimchee western," after the national dish of Korea because the plot and film, like the people of Korea, he says, are spicy and vibrant.

The Good, the Bad, the Weird has a few laughs but A Fish Called Wanda's story of armed robbery is a full-on comedy crime caper.

It has a 96 per cent rating on Rotten Tomatoes and was named one of the greatest British films of all time by Total Film.

Heist ethics

They are Robin Hood-style crooks, stealing money and giving it back to their audiences. The "steal from the rich to give to the poor" is a common theme in heist movies.

Rogen. Crowdfunding campaign a Superbad idea, former Freak says

Now that Netflix has brought back the cult favourite Arrested Development, Seth Rogen is waiting for word of a potential Freaks and Geeks reboot.

The Vancouver-bred movie star notes his short-lived 1999 NBC comedy has found new life on the online streaming service, where it has amassed even more fans — just as Arrested Development did before Netflix announced it would back fresh episodes about the dysfunctional Bluth clan.

Rogen says he'd be open to a limited run of some kind of Freaks and Geeks reunion if the original cast, writers, directors and producers could be assembled, too.

"If they were able to do that I would be very open to doing more Freaks and Geeks," Rogen said Monday before attending a special screening of his big screen comedy This is the End in Toronto.

"I bet a lot of the people would do it."

But the Knocked Up star put the kibosh on any sort of crowdfunded effort, such as the online fundraising campaigns that are fuelling a Veronica Mars movie and actor Zach Braff's sophomore directing project, Wish I Was Here.

"It seems weird to be taking money from fans to create something, I don't like that concept as much," Rogen said later during a question and answer session with fans following his movie, which he co-wrote and co-directed with fellow Superbad and Pineapple Express scribe Evan Goldberg.

THE CANADIAN PRESS

Seth Rogen was the mind behind the cult hit Superbad. GETTY IMAGES

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Kanye West

Kanye loses battle of the Alamo

Kanye West's bid to project his video for New Slaves on the Alamo in Texas turned out to be a losing battle when it became clear he had no permit for the spontaneous event, according to MySanAntonio.com. West announced his intentions to use the landmark on his website, prompting around 500 people — both fans and protesters — to turn up. But police got there first. "It's sad that people have such little respect for the Alamo," said a spokesman for the Texas General Land Office.

Justin Bieber ALL PHOTOS GETTY IMAGES

Bieber's driving disturbing neighbours

Justin Bieber is getting on his neighbours' nerves once again, and this time it's because he won't slow down near his home. The Canadian pop star was visited by the L.A. County Sheriff's Department in response to complaints about his reckless driving on the streets around his home, according to E! News. Police reportedly received numerous calls about the singer's driving on Monday alone, with many complaining that his speeding endangers the lives of neighborhood children playing outside.

Amanda Bynes

Amanda Bynes' must-read Twitter account

Apparently Amanda Bynes has even more to say about her arrest last week for drug possession and reckless endangerment.

"I'm so offended by all of this but so proud to not be a drug or alcohol user. I'm suing NYPD for illegally entering my apartment, lying about drugs on me and lying about me tampering with non existent drug paraphernalia," she posted to Twitter over Memorial Day weekend. "Then I'm suing for being put into a mental hospital against my will, then locked up overnight for coming home after a facial and working out with my trainer like the good girl that I am." Bynes is also looking to the future, with a possible new career in the works: "I'm getting in shape and getting a nose job," she posted. "I'm looking forward to a long and wonderful career as a singer/rapper."

Twitter

@mindykaling
I think I was the only person who ate food at the bbq I was at today - and I'm fine with that - I just want everyone to know that I know.

@MARLONWAYANS
Haven't slept in weeks.. . Wtf???

@JonahHill
Willy Wonka's a dark movie.One kid drowns,one blows up and pops,one gets sucked into machinery and one gets turned into tiny particles!

@Courtney
@AmandaBynes pull it together dude.

The Word

Did Katy Perry nudge Pattinson away from Stewart?

It looks like Katy Perry might have been behind Robert Pattinson's decision to call it quits with Kristen Stewart, according to Life & Style.

Perry, a pal of Pattinson's, reportedly told the Twilight star that he deserved better than Stewart after her affair with director Rupert Sanders came to light last summer.

"Katy never really supported Rob's decision to get back with Kristen. She always said they wouldn't last," a source says. "Katy told Rob she didn't think their relationship could withstand the cheating scandal. And he deserved better than someone who would destroy a family (like Rupert's.)"

Since his breakup, Pattinson has been spotted out and about with Perry in New York and in Santa Barbara, where the pair hung out at a hotel and spied on a wedding rehearsal, according to People magazine.

"They just sat together and watched," a source says. "They were not affiliated with the wedding party and were not seen mingling with guests."

METRO WORLD NEWS

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The Jersey Shore isn't going to let a superstorm get in the way of its summer fun. A good portion of the area is not only open and ready, but the folks there are pushing new ways for you to experience it — from big clubs to dog-friendly beach bars.

DOROTHY ROBINSON
Metro World News in New York

FLICKR: R'LYEH IMAGES

A fist pump for the Jersey Shore

HANDOUT

HQ Beach Club/HQ Night Club at Revel

For those who like their summertime with a heavy dose of party, there's HQ Beach Club and HQ Nightclub, two new destinations at Atlantic City's newest casino, Revel. For night owls, the HQ Nightclub will host a revolving cast of high-profile DJs. And those who like their sunshine with a side of table service should try the HQ Beach Club, a luxe pool lounge with model servers offering bottle service for those relaxing on their daybeds or bungalows (reservations required).

HANDOUT

Pier Village's Le Club Avenue

The Jersey Shore gets exclusive with the Avenue's Beach Club, located in Long Branch. The members-only club is family-friendly during the day but transforms into a more adults-only spot at night with cocktails, a full menu and open-air lounges complete with a rooftop pool. Membership prices range from $3,000 to $5,500; weekend passes are also available when capacity permits. Call 732-759-2900 for more information.

FRANK SCOTT

Beach Shack/Rusty Nail gets pet friendly

Going to the beach doesn't mean that your favourite furry friend has to stay home. The Beach Shack, Cape May's laid-back beachfront motel, is allowing dogs to stay overnight as well as to dine (from a new doggie menu) at popular beach bar the Rusty Nail. Rates for the Paw's Up package start at $156 a night, which includes a $35 a night pet fee.

HANDOUT

Haven Nightclub

The Golden Nugget is making a big play in the nightlife market with the opening of its brand-new Haven Nightclub. The latest entry into the AC nightlife scene boasts a state-of-the-art DJ booth, LED video wall, dance floor, 25 banquettes offering signature table service and two full-service bars. Ke$ha and Pitbull were on hand for the grand opening earlier this month.

Ooh la la worthy French Toast

French toast is synonymous with breakfast or brunch and this warm weather version is a must try.

With its three golden slices of egg loaf topped with caramelized bananas and sliced strawberries finished with maple cream sauté, it's simply delicious.

Ingredients

- 1 1/2 cups (360 ml) 35% Cream
- 1 egg
- 1 tsp (5 ml) cinnamon
- 1 tsp (5 ml) nutmeg
- 1 tsp (5 ml) allspice
- 12 egg bread slices
- 1 banana, thinly sliced
- 1 tbsp (15 ml) brown sugar
- 2 tbsp (30 ml) pure maple syrup
- 5 strawberries, thinly sliced
- Icing sugar, for dusting

1. To make French toast batter: Combine 1 cup of the cream, egg and spices in stainless steel bowl. Whisk thoroughly until smooth.

2. Dip each slice of egg bread for about 5 seconds in batter, then place immediately on lightly oiled griddle on medium heat.

3. Cook for approx. 2 minutes, then flip over and continue cooking until both sides are golden brown.

4. To make sauce: toss banana and brown sugar together in bowl. Add to small pan on medium heat with a small amount of butter. Cook until sugar begins to melt and bananas are a nice golden colour.

5. Reduce heat to low and add maple syrup. Keep the pan moving to ensure sugars don't burn.

6. Once syrup is bubbling, remove pan from heat and add remaining 1/2 cup of cream. Lightly stir until all ingredients come together. Keep warm.

7. Place 3 pieces of French toast on a plate and top with generous amount of sauce. Garnish with sliced strawberries and dust with icing sugar.

CHEF BRYAN JUREK OF PRIME PUBS' FAMILY OF PREMIUM PUBS, WHICH INCLUDES FIONN MACCOOL'S AND D'ARCY MCGEE'S.

French Toast

This recipe serves four. PRIME PUBS

Drink of the Week

Chocolate Almond Banana Smoothie

Give your morning or afternoon snack a bit of a kick-start with this cool and refreshing shake.

- 1 bottle (about 1/1/2 cups/ 350 ml) chocolate almond milk
- 1 medium banana, broken into pieces
- 1/2 cup (120 ml) ice cubes
- 2 tbsp (30 ml) almond butter
- 2 tbsp (30 ml) soy protein powder

Combine all ingredients in blender and puree until very smooth. Pour into 2 tall glasses and garnish with bananas if desired.

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Keeping your eyes on the wise

A guide to being guided. To make a search for your mentor successful, you must look for who you could learn the most from

RACHEL MCKEE
TalentEgg.ca

Sometimes a boost can be just what you need to jump-start your career, and finding a mentor is one great way to do that.

The mentor-mentee relationship is a precious one. A mentor can coach you in your chosen field and open up a whole variety of new opportunities to you while you also keep your teacher abreast of more recent developments you've learned as a young person in your industry.

Prepare your ponderings: Don't ask your mentor a ton of questions all at once and try to keep the ones you do ask as succinct as possible.

What to do once you've met a potential mentor

1. Ask for advice, not mentorship: How you start a mentor-mentee relationship? Ask your potential mentor for advice about something rather than making the overly-formal request of "Will you be my mentor?" With any luck, your relationship will blossom from there.

2. Stay in touch: Once you've met a potential mentor, hopefully you will have had the chance to get their contact details. Send them an email saying how great it was to meet them and recall an interesting part of your conversation to signal to them that you were listening and you were engaged in what they were saying.

3. Ask them questions, but don't bombard them: A good mentor wants to help you, but you shouldn't take advantage of their good nature. They are probably a very busy person and while they likely want to answer your questions, they may not have a whole lot of time to do so.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Won't you be my mentor?

Where to meet your match

- **Networking events:** Signing up for networking events at your school or in your area can be a really great way to meet potential mentors, but also a useful method of getting your foot in the door in your industry of interest.
- **School:** Universities or colleges often employ industry professionals to teach classes, and making use of these connections to the outside world can provide you with a mentor who understands both the culture of the classroom and the workplace.
- **Social media:** Do you have a blog or Twitter account that you love to follow? If someone is posting things that are both interesting and useful in your chosen field, then chances are they may have much more information that they'd be interested in sharing with you.

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NHL

Roy optimistic for Avalanche's future

The Colorado Avalanche introduced Patrick Roy as their new coach Tuesday.

The 47-year-old Roy joins forces with former teammate-turned-executive Joe Sakic to fix a squad that's missed the playoffs three straight seasons. Roy and Sakic helped the Avs to Stanley Cup titles in 1996 and 2001.

"Joe and I had an opportunity to be part of something in the past," Roy said. "I think we're going to be part of something special in the future." THE ASSOCIATED PRESS

NFL

Congress members: Change 'Skins name

Ten members of Congress are urging the Washington Redskins to change their name because it is offensive to many Native Americans.

The representatives said Tuesday they've sent letters to Redskins owner Dan Snyder, NFL commissioner Roger Goodell, Redskins sponsor FedEx and the other 31 NFL franchises. THE ASSOCIATED PRESS

Leaving the door open

"I don't want to pull a Brett Favre and say I'm done and then come back."

Canadian triathlete Simon Whitfield considers himself "semi-retired." The 38-year-old native of Kingston, Ont., said that his priority now lies in spending more time with his family.

More sorrow for Jays' sore Morrow

MLB. Starting pitcher unable to shake discomfort in forearm as Braves go on attack and win in extra inning

On Tuesday

Braves	Blue Jays
7	6

It didn't take long to realize there was something wrong with Brandon Morrow.

His velocity was down, his slider wasn't working and the opposing team was taking advantage. Through two laborious innings Morrow was tagged for four runs, two earned, before the Toronto Blue Jays yanked their starting pitcher.

The Braves then went to work on Toronto's bullpen, which gave up three home runs. Brian McCann hit a pair of homers — including a tie-breaking solo shot in the 10th inning — as Atlanta edged the Blue Jays 7-6 on Tuesday afternoon.

Morrow said his right forearm has been sore since his last appearance. There's no pain, just a lingering discomfort that hampered him on the mound.

"It wasn't explosive, the ball wasn't coming out of my hand really well," he said. "It was just like there wasn't anything in there.

Morrow's day was done after 47 mostly off-speed pitches. His fastball has averaged 93.6 m.p.h. this season according to FanGraphs, but dipped during the game to 91.

Morrow said he plans to let the forearm rest and still expects to make his next start Sunday in San Diego.

With Morrow gone, the Blue Jays turned to reliever Ramon Ortiz for three innings. Ortiz held on until giving up back-to-back homers by Evan Gattis and McCann that gave Atlanta a 6-4 lead.

The bullpen rebounded for Toronto (22-30) with scoreless innings from Aaron Loup, Brett Cecil and Steve Delabar. But in the 10th inning, McCann turned on the second pitch from Thad Weber (0-1) for his first multi-homer game of the season and the ninth of his career.

After the game, Weber was optioned to triple-A Buffalo, Ortiz was designated for assignment and the team announced closer Casey Janssen had been held out of the game with mild soreness in his shoulder. THE CANADIAN PRESS

Quoted

"It's part of baseball. You deal with it."

Blue Jays manager John Gibbons on the injuries his players have sustained.

Blue Jays starting pitcher Brandon Morrow was ineffective against the Braves on Tuesday in Toronto. He was on the mound for just two innings. DAVID COOPER/TORSTAR NEWS SERVICE

Djokovic intent on completing career Slam

Novak Djokovic celebrates winning his first-round French Open match on Tuesday. GETTY IMAGES

Novak Djokovic does not try to hide his ambitions. He makes perfectly clear that he wants to win a French Open title more than anything.

Embarking on a bid to complete a career Grand Slam and fill the only glaring hole on his resume, the No. 1-ranked Djokovic pulled out a tight first set en route to a 7-6 (5), 6-4, 7-5 victory Tuesday in the first round against David Goffin, a Belgian who surprised Roland Garros a year ago.

"I love this Grand Slam," Djokovic said. "I really want to do well here."

The key moment came in the first-set tiebreaker, with the 58th-ranked Goffin serving at 5-all. After he faulted once, a fan yelled, "Allez, David!" The 22-year-old Goffin then proceeded to miss his second serve, too, for a double-fault that gave Djokovic a set point.

"That's what happens sometimes. When you play in Davis Cup, you see that on every serve, basically," Goffin said. "Anyway, it was up to me to focus my mind. This is the type of thing that can happen and can happen to anybody. So tough luck."

His backhand into the net then gave the set to Djokovic, who had won fewer total points until then, 39-36.

After that, though, there were not too many hiccups for Djokovic, although he did get broken at love by Goffin, evening the second set at 4-all. Djokovic broke right back and was really on his way. THE ASSOCIATED PRESS

Wet clay

The match concluded as the sun began to set on Day 3 at the tournament, where very little action took place because of rain.

- Only 26 of 40 scheduled singles matches were completed, three were suspended in progress, and others were postponed entirely.

4 SPORTS

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AUTO PILOT
Mike Goetz
drive@metronews.ca

There's been lots of talk recently about the high cost of vehicle insurance. A report by the Fraser Institute concluded that provinces with "government insurance monopolies" tend to have higher premiums than provinces with "private sector, competitive markets."

But Ontario has the highest premiums of them all — higher than provinces with so-called insurance monopolies. If the Ontario NDP gets its way, the Ontario Liberal Government will include some insurance cost reform in its soon-to-be-tabled Budget.

Through the Insurance Bureau of Canada (IBC) the private insurers have just mounted a public campaign, to explain the Ontario discrepancy. Its argument, backed by the Fraser Report, is that most of the money is going to the wrong places — hidden legal fees, fraud, and excessive assessments by for-profit medical facilities.

One criminal outfit called "Project 92" was estimated to bill $25 million in fraudulent insurance claims. Its ringleader, now behind bars, staged fake accidents and had corrupt accomplices in every link of the repair and medical chain, who overbilled for everything.

When vehicles come together in noisy and expensive ways, it's not always the worst in people that shows up; sometimes it's the best. At least that's been my experience.

Over the years I've had three parked cars that have been hit by somebody when I wasn't around, and in every instance, they left a note, and eventually made proper restitution.

The most memorable of these occasions was the latest one, involving the guy that delivers our morning paper in his old van. I guess on that fateful morning he jumped out of his van without first putting it into "park." It went down the street, driverless, first careening off our Mazda6, then settling into a Hyundai Sonata owned by my neighbour Tim.

When Tim and I went out in the morning, we both found notes on our cars, just listing a phone number to call about the damage. My left mirror was gone, and a fender was creased. Tim's car was a bit worse.

I eventually got hold of his teenage son, who explained that his father, being a recent immigrant, couldn't speak English too well. Both of them would come around on Saturday to make arrangements. I offered to call my insurance company. Maybe he just could pay the deductible? I was a bit worried that his body shop of choice might not do the job as properly as my body shop of choice.

He said I should not worry at all about getting my car fixed, or getting it fixed properly, because his father was a very honest man. I distinctly remember how he said all this. He said it slow and with no inflection, like he wasn't trying to sell me anything, just stating a fact.

The cars were fixed promptly and properly. I can't imagine how many days delivering newspapers it took to pay a body shop to fix both cars that way, but probably a few.

Car insurance is pricey, but common decency? That's priceless. ISTOCK

Airbag safety is all in your hands

Driving force. Be careful what you keep on your lap and how you handle your wheel

JIL MCINTOSH
drive@metronews.ca

Do you "hook" the wheel when you make a turn, reaching in and holding it with your palm facing you?

If so, it's a very bad habit that you need to change. Not only does it affect your driving, but it has the potential for serious injury.

"You should drive with two hands at either side, at 10-and-2 or 9-and-3," says Scott Marshall, director of training for Young Drivers of Canada.

"By hooking your hand inside the wheel, you're limiting your steering ability. If you use your right hand, you can steer to your left, but you can't steer to your right if a problem occurs.

"There's a higher possibility that you can't control the car, and you get in a crash."

Your steering wheel contains an airbag which, in a crash, deploys in milliseconds at some 300 km/h to prevent you from hitting the dash or windshield.

If you're hooking the wheel when this happens, the airbag will break your arm.

If you drive with one hand at the top of the wheel, it puts your arm across the airbag. If it deploys, it will smash your hand into your face.

"You'll be severely injured because of your own knuckle and any jewelry you're wearing," Marshall says.

If your hands are at the sides of the wheel, the airbag will force them sideways and away from your face.

You may bruise your knuckles on the door panel, but it's preferable to risking broken bones or facial injuries.

"Don't be in fear of the airbag," Marshall says. "You should sit at least 25 centimetres away from the wheel, because the force is strongest at the beginning of its deployment.

"Sit as far back as you can, but so your right foot can touch the floor behind the brake pedal, with a slight bend in your leg.

"When you have two hands on the wheel, you should have a slight bend in your arms.

"You can make adjustments with the back of the seat if you're shorter. You can sit closer, but recline the seat."

The right side of the dash also contains an airbag. Passengers should sit as far back as possible.

They should also never put their feet on the dash, since a deploying airbag can cause severe leg injuries.

Rules

- **No items on lap.** Don't carry items on your lap. In a crash, hard or sharp items such as the corners of boxes can cause injury.
- **Pets should be buckled up.** A deploying airbag will kill a pet sitting on your lap. Pets should be in the back seat, buckled in with a travel harness or pet carrier.
- **Be aware of the airbag positions.** Most newer vehicles have at least six airbags. Know where they are, and sit safely around them.

Injury can occur if the airbag goes off while you hook the steering wheel. F. BOTTCHER

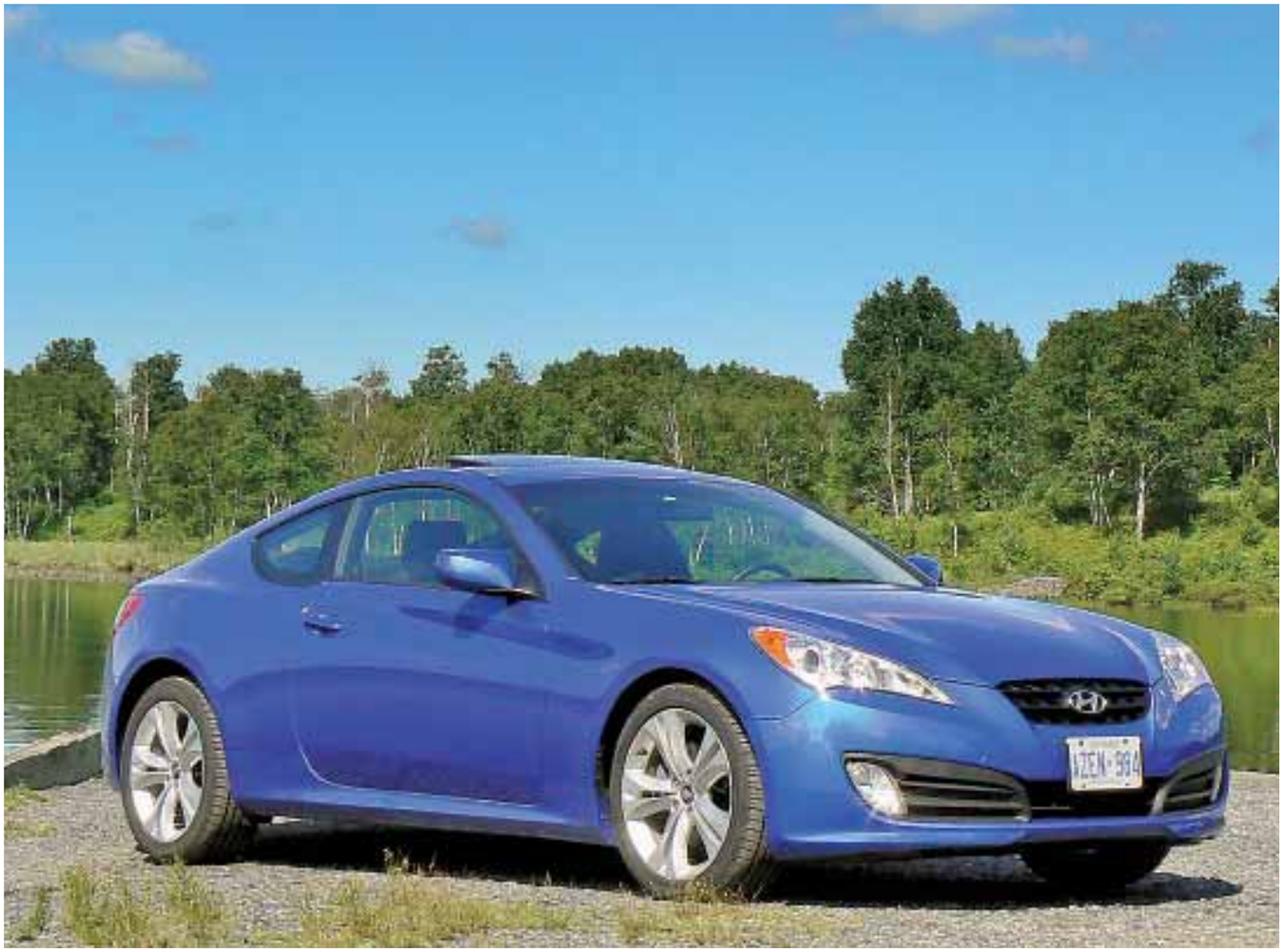
Sports car just fine after a service

Second gear.
Hyundai Genesis Coupe 2010-2012

JUSTIN PRITCHARD
drive@metronews.ca

The Genesis Coupe launched for the 2010 model year and recalled Japanese rear-drive sports cars from the '90s — even though it was Korean. Sleek styling, affordable performance and real performance-car moves all helped put Hyundai on the sports-car map.

Feature content included push-button start, navigation, Brembo brakes, a Limited Slip Differential (LSD), navigation, and an Infinity audio system.



HANDOUT

Common Issues

Check for proper operation of the air conditioner, all windows, all power seats and all remote key fobs. Have a good walk-around of the body, inspecting for misaligned panels, particularly where the hood and fenders meet. Many owners have reported that tightening up a few bolts, particularly the ones that hold the seats to the floor, stops rattle-related issues as the car ages. The push-button start system should fire the engine up the instant it's pressed. Any delay or sporadic operation could indicate a problem with the switch. Clunking or grinding noises from the suspension or steering typically indicate a problem. Be sure there are no check-engine lights, no grinding sensations during gear shifting, and that there's no smoke coming from the tailpipe during hot or cold idle.

Engine

All models were rear-wheel drive and had a six-speed transmission in the driver's choice of automatic or manual. Engine options were a "2.0T" two-litre turbo four-cylinder with 210 horsepower, or the sporty 3.8 litre, 306-horsepower V6 found on models with the "3.8GT" designation.

The verdict

So far, the Genesis Coupe appears to be a safe buy in a used sports coupe. The most commonly-reported issues thus far are minimal in nature and easily identified and remedied.

What owners like and dislike

Handling, style and overall performance and affordability are rated highly by Genesis Coupe owners in this generation. Despite its two-door configuration, this sports car is also surprisingly roomy in terms of front seat space. Common gripes include limited rear visibility, poor gas mileage with the V6 engine, and the wish for some richer interior materials. Many owners wish for a more precise-feeling shifter, too.

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Horoscopes

♈ Aries
March 21 - April 20
There is no point in trying to avoid obligations. Fortunately, what you have to do over the next few days won't be as difficult as you fear. Once you start, you may enjoy it.

♉ Taurus
April 21 - May 21
You're avoiding a showdown with someone you love. It may be understandable but it's not very smart. The sooner you let each other know why you are so angry, the sooner the healing process can begin.

♊ Gemini
May 22 - June 21
Your luck is about to turn for the better and before you know it good things will be coming at you from all directions. Good people too. You will attract just the right person at just the right time.

♋ Cancer
June 22 - July 23
Aim to be a bit more tactful when dealing with colleagues. In a matter of days you will have a clearer picture of what needs to be done to turn a loss into a gain but you don't have to be pushy about it.

♌ Leo
July 24 - Aug. 23
Make sure your long-term plans are practical. If you have not thought them through properly, they could fall short of expectations. Know your goals and have a Plan B ready.

♍ Virgo
Aug. 24 - Sept. 23
You think too much and because of that, you worry too much as well. The message of the stars is that you should stop analyzing each and every detail. Go with the flow.

♎ Libra
Sept. 24 - Oct. 23
You may be yearning for things you are unlikely to get. But over the next two days a more realistic attitude will set in. Then, remarkably, you will find that what you desire suddenly comes easily to you.

♏ Scorpio
Oct. 24 - Nov. 22
Don't get so caught up in the social whirl today that you fail to notice a career opportunity of some kind. In a matter of weeks, you could move several rungs up the ladder of success.

♐ Sagittarius
Nov. 23 - Dec. 21
You don't have time to wallow in negativity — there are too many interesting things going on in the world. One special person needs help though. Spare them an hour of your time and get them smiling.

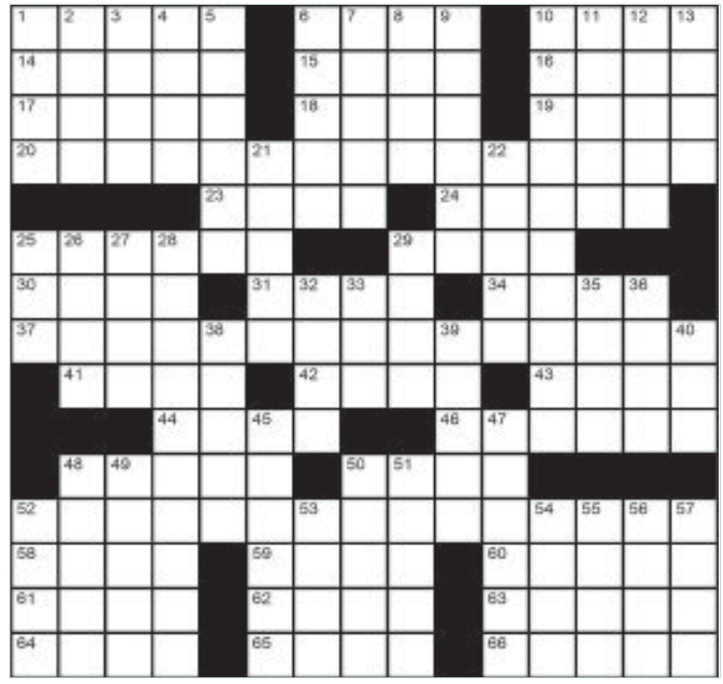
♑ Capricorn
Dec. 22 - Jan. 20
Do something that makes you feel good about yourself today. Your problems may seem huge but in reality they can't hurt you in the slightest. What is it that makes you feel glad to be alive? Do it some more.

♒ Aquarius
Jan. 21 - Feb. 19
Life will offer you opportunities but it is up to you whether or not you do anything with them. An interesting offer will come your way over the next few days. Make it your own.

♓ Pisces
Feb. 20 - March 20
Fame and fortune can be yours if you want them but do you? As a Pisces, you may prefer to keep a low profile, but if so that's a shame as you have so much to offer. SALLY BROMPTON

Crossword: Canada Across and Down

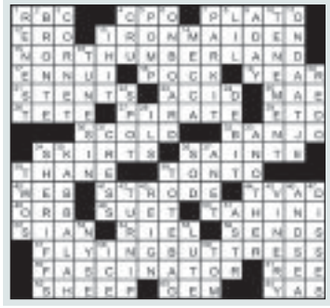
BY KELLY ANN BUCHANAN



Across
1. Then, in Tadoussac
6. Pal; or, 104.5 __ FM (Toronto radio station)
10. Link up
14. "__ __ can be told." (The story can be revealed finally)
15. Stockings
16. Do __ others...
17. Singer Mr. Lopez
18. "That's ___ surfboard!" (How gnarly!)
19. Glassmaking oven
20. They were extravagant shows on Broadway: 2 wds.
23. "Cool Hand __" (1967) starring Paul Newman
24. Westerns star John
25. Cat, at times
29. Rebuff
30. A famous Jessica
31. "Rolie Polie __"
34. Additional
37. Quebec City's historic 1759 battleground: 3 wds.
41. AD = __ Domini
42. Comic actress Roseanne
43. Bean __ (Tofu)
44. Knowing
46. Low-carb diet
48. __ que (Because, in French)
50. Two-and-two's sum
52. Armour-wearing mounted warriors: 2 wds.
58. Jagged cliff
59. Actor, Chris D'__
60. Spy's disguise garment
61. Addiction-causing Crystal
62. Pre-Beatles band for Ringo, __ Storm & The Hurricanes
63. Ms. Clarkson
64. Q. "__ '__ Canada', the showbiz news program, on Global?" A. "Yes."
65. Butterfly banes
66. 2013, Year of the __

Down
1. 1998 animated bug flick
2. Ms. Singer of "Footloose" (1984)
3. Boo-boo
4. Finger jewelry
5. Suppress
6. Sidewalk artist's tool
7. Throng of people
8. Thunderbirds org.
9. Guess Who song: "Hand ___ World"
10. 'Canada's Queen of R&B': 2 wds.
11. __ a million: 2 wds.
12. "..._ ___ wed."
13. Partners of neithers, often
21. Across-the-Pond moneys
22. "Today" anchor Matt
25. Traveller's aid
26. 'Salmon' suffix (Kitchen prep worry)
27. Seaport of Scotland
28. Singer/pianist Rufus
29. Singe
32. Earring spot
33. "__ _ picture paints...": Bread song bit
35. Feng __ (Art of placement)
36. Pull in
38. Soft drink orderer's request: 2 wds.
39. Electric shavers name
40. ER pros
45. Ontario's Trent-__ Waterway
47. Fools
48. Fathers: French
49. Sets _ __ (What the engaged couple does)
50. Tease
51. Sanctions
52. Gladiator's 1901
53. __ vera
54. Country star Mr. Campbell
55. Greeting in Granada!
56. Converse
57. Scottish dog breed, __ Terrier

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	7	4	9	8	3	6	2	5
8	2	6	4	7	5	1	9	3
9	5	3	6	2	1	7	8	4
4	1	8	7	6	2	3	5	9
2	6	5	8	3	9	4	7	1
3	9	7	5	1	4	8	6	2
6	3	1	2	9	7	5	4	8
7	4	2	3	5	8	9	1	6
5	8	9	1	4	6	2	3	7

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